



Advisory Council Meeting
Monday, November 20, 2023, 4:00 pm
Burnham Brook Boardroom Second Floor

OUR MISSION: *Promoting health, independence, and choice for seniors, persons with disabilities and caregivers*

OUR VISION: *A community where people are cared for with dignity and respect*

OUR VALUES: *Integrity, quality, commitment, financial responsibility, and advocacy*

AGENDA

- I. Call to Order
- II. Action Items
 - A. Approval of Consent Agenda for November 20, 2023, and October 16, 2023, Meeting Minutes
Attachment A
- III. Learning Session Presentation:
Anne Taft Cark, Program Manager, Senior Health Partners
- IV. Reports/Discussion Items
 - A. Conflict of Interest Forms – (Briel)
 - B. CEO Report – (Wines)
 - C. Grants Review – (Porter)
 - D. Financial Report through October 2023 – (Gelletich) – *Attachment B*
 - E. Advocacy/Action – (Porter)
 - Review and Sign Letters to Governor Regarding Budget
 - Advocacy Updates from Council Members - (O’Dell, Tuggle)
 - F. Outreach and Programming – (Porter) – *Attachment C*
- V. Council Member Time
- VI. Adjournment

****Advisory Council Next Meeting will be February 19, 2024, at 4:00 PM****
Please email: vbarnaby@carewellservices.org or call Valerie Barnaby at (269) 441-0917
to RSVP



Advisory Council Meeting Minutes
Monday, October 16, 2023, 4:00 pm

The Advisory Council of CareWell Services SW met on Monday, October 16, 2023, in the Burnham Brook conference room of the Kool Family Community Center, in Battle Creek, Michigan.

Advisory Council Members Present: Lois Bowers, Lyn Briel, Mark Doster, Corally O'Dell, Lynnette Rich, Sherii Sherban, Shirley Tuggle

Advisory Council Members Absent: Robert Armstrong, Jennifer Bouchard, Aaron Edlesfon, Monique French, Jan Lydy

Staff Present: Valerie Barnaby, Karen Courtney, John Gelletich, Paulette Porter, Stacy Wines

Guest Present: Taylor Benthin, Nutrition Programs Manager, Milestone Senior Services

I. Call to Order

Chair Briel called the meeting to order at 4:07 p.m. Quorum was present.

II. Action Items

Motion by Tuggle, supported by Sherban, to approve the October 16, 2023, Consent Agenda which included the Advisory Council meeting minutes for September 18, 2023. Motion carried.

Wines shared the letter of resignation of Aaron Edlesfon. He nominated his co-worker, Tailah Huerta. Ms. Huerta completed the application form, and it was added for review. Wines also requested to move Gelletich up on the agenda due to a scheduling conflict.

Briel moved to accept the motion to discuss the letter of resignation, the new nomination and to move Gelletich up on the agenda. Motion supported by Tuggle and seconded by Sherban. Motion carried.

III. Learning Session Presentation

Guest speaker, Taylor Benthin, presented on the Milestone Senior Services' nutrition program. Milestone Senior Services has been in business for 60 years, partnering with CareWell for approximately 11 years. Year to date they have served 97,117 meals, 714 clients. She stated the restaurant dining program stopped as of October 1, 2023. She requested we monitor the government cuts as nutrition programs could be impacted. She entertained any questions.

IV. Reports/Discussion Items

- A. Wines delivered the CEO Report. She shared that the department of ACLS/MDHHS we fall under is currently Behavioral and Physical Health and Aging Services Administration (BPHASA). Looks like there is another name change in the future. She will share it once it is announced. New hires, Jodi Stiles, in the accounting department and the Executive Administrative Assistant, Valerie Barnaby, have both been onboarded and are doing a fabulous job.

Wines shared that no organization submitted a Request for Proposal (RFP) during CWS' last round for kinship care funding. Family Enrichment Center (FEC) reached out and asked for payment of expenses they incurred over the past fiscal year. Wines explained the steps taken to notify FEC of the RFP process, but they did not submit a proposal. In previous years, FEC did bid and was awarded the funding. Wines will issue an RFP for kinship care in Calhoun County only for the funding period that is left in our three-year RFP. Wines does not anticipate any other bidders.

It was also noted that Forks Senior Center (Albion), now has 396 members and Heritage Commons (Marshall), which was open one year in July, has 424 members. She also advised that we are struggling in getting participation to run evidence-based programming in Barry County. Programs were cancelled due to lack of interest and sign up. Planning is underway to offer Active Choices, Bingo, and a three-part dementia/caregiver workshop.

- B. Porter reviewed Advisory Council Standards. Expect a new and more energized meeting format going forward in FY 2023-24.
- C. Financial: Gelletich reported on fiscal year-to-date financials through August 2023.

Wines advised training will be offered regarding funding from Gelletich. She will send notification once a time is scheduled.

Advocacy/Action: Tuggle presented questions regarding Ombudsman Services.

Briel reminded members that the Conflict-of-Interest forms need to be completed.

Porter reported that it is proposed that we no longer need to follow the Open Meetings Act moving forward. This means that members could attend meetings via Zoom. She will get confirmation and advise further on this.

Briel opened discussion regarding the position of Vice Chair for the Advisory Council. Motion by Tuggle to nominate Sherban, supported by Doster. Sherban accepted the position. The Vice Chair's role will be to serve as Chair in the absence of the Chairperson, which is currently Lyn Briel.

Briel advised the Policy Board does require a VA Representative. Our current VA representative, Aaron Edlesfon, resigned. He nominated his co-worker, Tailah Huerta. Ms. Huerta's application was reviewed. **Motion by Sherban, supported by Bowers, to approve Huerta's application. Motion carried.**

D. Program Director, Courtney, provided the MMAP Outreach report for Barry, Calhoun and outlying six counties for 2023. She also provided a comparison graph showing state numbers as well as Region 3B numbers expected for comparison. Also included was the State Health Insurance Assistance Program Contract Report for the FY 2023-2024.

V. **Advocacy, Outreach and Programming**

Porter is working on a letter to the Governor's office for all to sign and send regarding senior funding from the state 2024 budget. Will have available at the next meeting.

O'Dell and Tuggle reported on guardianship rulings from Michigan Senior Advocates Council – (MSAC) and professional regulation, Ombudsman, and no-fault insurance. Wines advised that CareWell will not advocate for no fault auto insurance reform, nor is this a matter the 16 AAA's in Michigan will tackle.

O'Dell requested that we have a speaker come in to discuss guardianship.

Tuggle also covered the concern of low wages for Ombudsmen. MSAC is pursuing research throughout the state on this matter.

The Advisory Council received program calendars of CareWell's senior centers outlining October's activities for reference as part of their meeting packet.

Briel and Wines discussed the meetings calendar for the fiscal year 2023-24 and the next date scheduled for November 20, 2023. Asked if there were any conflicts due to the Thanksgiving holiday. No conflicts were noted, calendar was approved.

VI. **Council Member Time**

Sherban reported that Kingdom Builders is working on the elevator. Otis is ready for funding. An invoice needs to be requested for review and payment from the Innovation Action funds. Porter will follow up on this.

VII. **Adjournment**

Motion to adjourn, supported by Bowers, seconded by O'Dell. Motion carried.

With no additional items to discuss, the meeting adjourned at 5:47 p.m.

Respectfully Submitted,
Valerie J. Barnaby, Administrative Assistant



Region 3B Area Agency on Aging
dba CareWell Services South West
YTD Twelve Months of FY 2023 Through September 2023

Vendor	YTD		12 Month Budget	Percent Spent	Budget Remaining
	September 2023	September 2023			
Legal Services SW - Legal Services	Title III B	15,020 \$	15,020	100%	0
Barry County Transit - Transportation	Title III B	17,615	17,615	100%	(0)
Marian E Burch					
Adult Day Care / Respite	Merit Award (psa-3)	48,807	49,000	100%	193
State Alternative Care	St. Alternative	26,016	26,016	100%	(0)
USDA	Nutrition Services	7,036	7,036	100%	(0)
Adult Day Care	Title III E	19,560	20,000	98%	440
Adult Day Care	St. Respite Care	36,502	36,525	100%	23
Adult Day Care	St Caregiver Support	5,282	5,282	100%	0
Subtotal		143,204	143,859	100%	655
Senior Services Inc.					
Congregate Meals	Title III C-1	170,440	170,440	100%	0
Congregate Meals	St. Congregate	3,429	3,429	100%	0
Home Delivered Meals	Title III C-2	186,838	197,168	95%	10,330
Home Delivered Meals	St. HDM	169,858	169,858	100%	0
USDA	Nutrition Services	102,405	102,405	100%	0
Subtotal		632,970	643,300	98%	10,330
Barry County Commission on Aging					
Congregate Meals	Title III C-1	35,728	35,728	100%	0
Congregate Meals	St. Congregate	1,469	1,469	100%	0
Home Delivered Meals	Title III C-2	86,643	86,644	100%	2
Home Delivered Meals	St. HDM	73,171	73,171	100%	0
Adult Day Care	St Caregiver Support	2,263	2,265	100%	2
Chore	Title III B	1,904	9,500	20%	7,596
Adult Day Care / Respite	Merit Award (psa-3)	12,343	12,345	100%	2
Adult Day Care	St. Respite Care	14,320	14,320	100%	(0)
Adult Day Care/ Respite	Title III E	6,497	6,500	100%	3
Adult Day Care/ Respite	St. Alternative	5,929	5,930	100%	1
USDA	Nutrition Services	54,280	54,280	100%	0
Senior Choice Meal Program	Title III C-1	37,319	37,319	100%	1
Disease Prevention/Health Promotion	Title III D	0	0	0%	0
Senior Center Staffing	Title III B	15,920	21,000	76%	5,080
Subtotal		347,785	360,471	96%	12,686

Vendor	YTD September 2023	12 Month Budget	Percent Spent	Budget Remaining
Family Enrichment Center				
Kinship	0	0	0%	0
Region 3A Area Agency on Aging				
Ombudsman Services	2,437	2,437	100%	0
CSCC / Senior Health Partners				
Disease Prevention/Health Promotion	3,222	4,000	81%	778
Family Support Center of Barry County				
Kinship	18,131	19,000	95%	869

	YTD September 2023	Annual Budget	Percent Spent	Budget Remaining
Direct Services				
Information & Assistance	21,796	27,395	80%	5,599
Information & Assistance	6,554	20,000	33%	13,446
Disease Prevention/Health Promotion	16,256	16,256	100%	0
Case Coordination & Support	0	0	0%	0
Health Access Hub	53,082	55,800	95%	2,718
Outreach	9,969	14,600	68%	4,631
Case Management	142,569	142,569	100%	(0)
Elder Abuse Prevention (Coalition)	1,111	4,000	28%	2,889
Program Development	8,981	9,000	100%	20
Information & Assistance	14,621	14,621	100%	0
Administrative	116,098	116,447	100%	349
Home Delivered Meals POS	17,722	18,900	94%	1,178
National Family Caregiver	66,700	66,750	100%	50
Purchase of Service	5,000	5,000	100%	0
Purchase of Service	17,008	17,500	97%	492
Purchase of Service	25,220	25,300	100%	80
Purchase of Service	48,222	50,000	96%	1,778
Purchase of Service	22,800	22,800	100%	0
Purchase of Service	260,679	260,679	100%	0
Senior Center Staffing	99,757	100,000	100%	243
Purchase of Service	0	-	#DIV/0!	0
Subtotal	954,143	987,617	97%	33,474
Contract	1,180,383	1,205,702		
Direct	557,492	587,438		
POS	396,651	400,179		
Grand Totals	2,134,527	2,189,319	97%	58,014


Annual Outreach Report 2023

	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	People Reached
Barry													
1-to-1 outreach (CM # of locations)			33	20	18	14	13		40				138
Presentations (# of attendees)				18	31	25							74
Programs (BeWell)		5		81									119
Events (fairs, expos)							150						150
	0	0	38	20	117	78	188	0	40	0	0	0	481
Calhoun													
1-to-1 outreach (CM # of locations)			52	37	727	24	59	30	81	47			1057
Presentations (# of attendees)			52	12	51	73	36	22	90	30			366
Programs (BeWell)			21	277	120	469	204	328	288	344			2051
Events (fairs, expos)				95	888	230	400	865	280	520			3278
	0	0	125	421	1786	796	699	1245	739	941	0	0	6752
Outlier 6 Counties													
1-to-1 outreach (CM # of locations)				1		60	43	159	23	1			287
Presentations (# of attendees)						56		12	8	3			79
Programs (BeWell)													0
Events (fairs, expos)													0
	0	0	0	1	0	116	43	171	31	4	0	0	366
Totals for all areas	0	0	163	442	1903	990	930	1416	810	945	0	0	7599
Social Media			DPATH	MMAP	OMD	PTC	DPATH						
Podcast													
Print ads/mailers			C&J M4M										
Networking meetings													
													10/2 - Cassandra Waiver on Be Scene on Air

Recent events: October 12th - Tekonsha Health and Safety Fair
 October 20th - Homeless and VA Stand Down

MMAP/SHIP Program Program Goal Progress-- As of October 31, 2023 (58% of Grant year)					
Performance Measures	Region 3B % of Goal	Statewide % of Goal	3B Last Year Contacts	3B This Year	Goal # Grant Year Contacts
Total Client Contacts by Residence PM 1	31.54%	28.81%	637	625	1982
Outreach PM 2	105.67%	35.27%	593	2094	1982
Disabled Client Contacts by Residence PM 3	30.94%	29.34%	72	85	275
Hard to Reach PM 4	21.30%	25.81%	183	167	784
Low Income Contacts PM 4A	25.35%	32.62%	176	161	635
Rural PM 4B--Not Applicable to Region 3B	N/A	23.78%	N/A	N/A	N/A
Non Native English Speaking PM 4C	4.03%	7.20%	7	6	149

December 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; padding: 5px;"> K-Kool Family Community Center C-Community Presentation Location V-Virtual or ZOOM presentation </div>				1 K-Obie 10:00 K-Lunch & Learn 11:30 <i>Companion Cats</i> K-MoveWell 1:00
4 C-Active Choices Bingo @ Barry Co. COA 1:00	5 K-Strong Bones 1:00	6 K-Grief Support 4:00	7	8 K-Obie 10:00 K-Lunch & Learn 11:30 <i>The Eyes Have It</i> K-MoveWell 1:00
11	12 K-Strong Bones 1:00	13 K-Grief Support 4:00	14 K-Caregiver Circle Support Group 3:00	15 K-Obie 10:00 K-Lunch & Learn 11:30 <i>Active Choices Bingo</i> K-MoveWell 1:00
18	19 K-Strong Bones 1:00	20 K-Grief Support 4:00	21	22 K-Obie 10:00 K-Lunch & Learn 11:30 <i>Wilson's Tannenbaum Farm</i> K-MoveWell 1:00 K-Holiday Sing Along 2:00
25 CLOSED 	26 CLOSED	27 K-Grief Support 4:00	28 K-Caregiver Circle Support Group 3:00	29 K-Obie 10:00 K-Lunch & Learn 11:30 <i>Hyperbaric Chambers</i> K-MoveWell 1:00

Call 269-966-2450 for information and registration details

DECEMBER 2023

CareWell Services Southwest @ Kool Family Community Center

200 W. Michigan Ave 2nd Floor

Call 269-966-2450 for information or to register for any program listed

No membership required

FRIDAY LUNCH AND LEARNS

Registration with lunch required by the Wednesday prior at 3pm. Lunch is \$6, due on arrival. Participants may attend without ordering lunch but registration is appreciated.

December 1– Companion Cats: learn about this organization and the cuddly critters they rescue. Presented by Janie Kelly *There will be live cats at this presentation.

December 8– The Eyes Have It: A visit about vision. Presented by Dr. Jeff VonSeggern

December 15– Active Choices Bingo: Learn about the Active Choices program while playing Bingo and winning prizes!

Presented by Colleen Acker, CareWell Services

December 22– Wilson’s Tannenbaum Farm: Everything you want to know about a Christmas Tree Farm! Presented by Cindy and Bruce Wilson

December 29- Hyperbaric Chambers: Hear about this fascinating process and the benefits it provides. Presented by Dr. Pascoe, Bronson Wound Clinic

ONGOING EXERCISE– *2nd floor activity room at Kool Family Community Center. Drop in any time. No cost!*

Tuedays @1:00 Strong Bones– Repetitive movements using weights. Designed for strengthening.

Fridays @1:00 MoveWell– Variety of exercises for all fitness levels. Flexibility, balance, and calming cool down.

HOLIDAY SING ALONG December 22 @2:00–Join us for some holiday fun! Live sing along and video karaoke. Treats too!

Please note:

Weather conditions may effect programming. Tune in to WMMT for closing information. When in doubt, call ahead.

COMING SOON- ACTIVE CHOICES!

The winter months can be a tough time to continue or begin your fitness goals. Active Choices is a program that can help you get on the right track to your own personal wellness. Your advisor will work with you to create and implement a plan through encouragement, tips, and problem solving. Taking new participants beginning January 2024.

Call or email cacker@carewellservices to make an appointment.

K-Kool Family Community Center

C-Community Presentation Location

V-Virtual or ZOOM presentation



